

# Kentucky Behavioral Health Planning and Advisory Council

## Meeting Summary

**May 13, 2021**

**Virtual Meeting**

**10:00 a.m. - 12:30 p.m. EST**

**Council Members:** Robin Osborne, Sharon Darnell, Steve Shannon, Angela Sparrow, Russ Williams, Phyllis Millspaugh, Bill Heffron, Betty Sue Abshire, Peggy Roark, David Gutierrez, Steve Lyons, Becky Clark, Valerie Mudd, Kelly Gunning, Gayla Lockhart, Kathryn Tillett, Lynn Haney, Mike Barry, Carmilla Ratliff, Matthew Smith, Sherri Estes, Ron O'Hair, Stephanie Hager, Sandy Weaver, Melony Cunningham

**Presenters:** Missy Runyon, Allison Paul

**Staff:** Michele Blevins, Christie Penn, Cheryl Bogarty, Patti Clark, Tom Beatty, Beth Jordan, Brittany Barber, Lea Taylor, Kate Overberg-Wagoner, Koleen Slusher, Wendy Morris, Maxine Reid, Lesa Vanderpool

**Guests:** Marcie Timmerman

| Topic                          | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Next Steps                                                                                                                       |
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| Call Meeting to Order          | Robin Osborne, Chair, called the meeting to order at 10:04 AM and welcomed members, guests and staff, including a special welcome to new members, Sandy Weaver and Rebecca Seavers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Planning Council's homepage:<br><a href="http://dbhdid.ky.gov/dbh/kbhpac.aspx">http://dbhdid.ky.gov/dbh/kbhpac.aspx</a>          |
| Retirement of Michele Blevins  | Commissioner Wendy Morris, Division of Behavioral Health Koleen Slusher and Council members thanked Michele for her 20+ years of service to the Planning Council and to Kentucky's behavioral health system of care. Michele is retiring on August 1 <sup>st</sup> .                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                  |
| Approval of March 2021 Minutes | Members reviewed the March minutes. Steve Shannon made a motion to approve the minutes as written. Mike Barry seconded. <b>Minutes approved.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Approved meeting summaries are available at the Planning Council's homepage.                                                     |
| Committee Reports              | <p><u>Membership Committee</u><br/>Gayla Lockhart, Chair, announced that her peer support position is now a full-time position, so she must resign from the Council. Members and staff thanked Gayla for her many years of service as a member and officer.</p> <p>The Council reviewed the application of an individual applying to represent Parents. After discussion, Steve Shannon made a motion to recommend the applicant for appointment. Kelly Gunning seconded. <b>Motion passed.</b></p> <p><u>Finance and Data Committee</u><br/>Peggy Roark shared the April 15<sup>th</sup> Finance and Data Committee meeting minutes. Valerie Mudd made a motion to approve the minutes as written. Steve Shannon seconded.</p> | <p>A new Membership Committee Chair is needed.</p> <p>The Council's recommendation will be forwarded to Commissioner Morris.</p> |

| Topic          | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Next Steps |
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| Member Updates | <p>Members, guests and staff introduced themselves and provided updates.</p> <ul style="list-style-type: none"> <li>• Ron O’Hair shared that Voc Rehab provided a new contract opportunity to increase IPS Supported Employment in underserved and unserved areas of the state for individuals with behavioral health disorders. He also shared that the Annual IPS Conference was recently held and there were over 300 attendees.</li> <li>• Valerie Mudd shared that Mental Health America’s annual conference is June 10-12. She also shared that this is Mental Health Awareness month. She stated that mental health screenings on MHA’s website continue to rise.</li> <li>• Kelly Gunning thanked everyone for their participation and work on this year’s KYSTARS Annual Conference. There were approximately 200 participants and 75 for the Peer Excellence Award Ceremony. She also shared that the state’s first juvenile treatment court is being created in Lexington. A new non-profit is being created in coordination with the juvenile treatment court.</li> <li>• Sherri Estes shared that the Regional Prevention Centers (RPCs) have been providing Opioid Toolkit trainings with faith-based communities. They have also been busy distributing Narcan to municipalities and businesses. She also shared that restaurants are now allowed to provide alcohol to go; however, those drinks must have a label on the lid and they must not be sold to minors.</li> <li>• Brittany Barber shared that there will be a Trauma Informed Care Training for Trainers on June 15. The training is free; however, participants are asked to provide 2 trainings in the upcoming year.</li> <li>• Kathryn Tillett shared that the Kentucky Department of Education is providing free Youth Mental Health First Aid trainings. Schools are the priority, but they will provide the training to other groups as well. She stated that department staff are very busy supporting adult wellbeing in school systems.</li> <li>• Patti Clark shared that Kentucky River Community Care began the onboarding process for the National Suicide Prevention Lifeline call center network.</li> <li>• Marcie Timmerman shared that Mental Health America of Kentucky is creating a new coalition to advocate for funding for 988 and to develop a marketing strategy.</li> </ul> |            |

| Topic                                          | Discussion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Next Steps                                                                                                                          |
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| Mental Health Block Grant 5% Set-Aside/988     | <p>Michele Blevins provided information about the Mental Health Block Grant's new 5% set-aside for crisis services. The funds were allocated to the community mental health centers to assist with preparation for 988.</p> <p>Christie Penn shared information about Kentucky's planning for 988, the new 3-digit telephone number for the National Suicide Prevention Lifeline (NSPL) that becomes active July 2022. Christie provided information about Kentucky's NSPL network of call centers and the newly developed Kentucky 988 Planning Coalition.</p>                                       |                                                                                                                                     |
| Early Interventions in First Episode Psychosis | Missy Runyon and Allison Paul provided information about the state's early interventions in first episode psychosis services, which are called iHOPE programs in Kentucky. Missy shared a map of counties with iHOPE programs.                                                                                                                                                                                                                                                                                                                                                                        | For more information about these services, please contact Missy at <a href="mailto:Melissa.Runyon@ky.gov">Melissa.Runyon@ky.gov</a> |
| Department Updates                             | <p>Michele Blevins shared the following department updates:</p> <ul style="list-style-type: none"> <li>• Kentucky's 8<sup>th</sup> Annual System of Care Academy is June 8-10, 2021.</li> <li>• Kentucky School of Alcohol and Other Drug Studies is cancelled for July 2021. The department is working to relaunch it next year.</li> <li>• The Mental Health and Aging Coalition is hosting a Question, Persuade, and Refer (QPR) training for trainers on June 30th. The training is free; however, participants are asked to provide the training four times during the upcoming year.</li> </ul> |                                                                                                                                     |
| Adjournment of Meeting                         | Mike Barry made a motion to adjourn the meeting at 12:10 PM. Russ Williams seconded. <b>Motion approved.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>Next Meeting:</b><br>Thursday, August 19, 2021                                                                                   |